

# The Armfield Link

Serving the Information Needs of the Communities of  
Armfield Farms, Lees Crossing I, Lees Crossing II, and Saville Chase

July-August 1993

Issue 5

## Pool Party Set for August 21

By Tanya Black

Armfield Homeowners Association's Annual Cool Pool Party is scheduled for August 21, 1993, 6:00 p.m. to 10:00 p.m. The rain date will be Sunday, August 22, 1993 from 3:00 p.m. to 8:00 p.m.

The party is for all ages and will feature Armfield's own Disc Jockey, "KAZ-1," games, contests and door prizes from local merchants. Sodas and ice will be provided. Homeowners are requested to bring a salad (if your last name begins with the letters A-H), appetizer (I-P), or desert (Q-Z) to share.

Last year we had almost 200 attendees and hope this year is even better! Volunteers are always needed, so please contact Tabitha Jones at 378-5321 or Diane Kazuba at 904-0845 if you can help. Remember all kids must be accompanied by adults. Sign up sheets will be at the pool.  
**COME OUT AND MEET YOUR NEIGHBORS!!!**

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## Stingrays End Season 4 and 1

By Joanne Burger

It's hard to believe, but the Stingrays have finished another successful season. We've added several new swimmers to the team. Many of the "old timers" as well as new swimmers greatly improved their times, and numerous pool records were broken. We didn't win the Division trophy again this year, although our record was an impressive 4 and 1. Please check our progress at the pool. I'm sure you've seen our new trophy case (quite full, but with room enough for more), and look for our pool records and results of the All-Star Meet.

Stingrays team was started in 1990 with specific goals, and I truly believe every year is more successful than the last thanks to several people. First, the swimmers themselves are awesome. Almost every single one has been enthusiastic, dedicated and committed. They all eventually find out that they get out of swimming what they put into it.

Next, I want to thank the parents. There would be no team without them. Our team has often received compliments about how well our meets are run, due to a little organization and a lot of supportive parents. But that's only a part of it. There are many more parents who work "behind the scenes" to make things go smoothly, too.

Parents of swimmers aren't our only supporters. We've had others work at meets, and probably our biggest support comes from the community's support of our swimmers during our annual Aquathon. Again, this year it's been a huge success, and we thank those who pledged

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## Stingrays Successful

(continued from page 1)

our swimmers and we're especially grateful to our swimmers!

Last, but certainly not least, our coaches deserve all the praise we give them. Earlier, I mentioned specific goals we were trying to achieve. Garth and Kim have been committed to attaining those goals as coaches while also being teachers, disciplinarians, baby-sitters, confidants and friends to 72 kids (ranging in age from 5 to 18). That's a pretty tall order for two college students, and they have done admirably. We're all very proud of them!

As most of you know, our family is moving soon. We're not going far, so I expect to see many of you frequently. But, I will miss the Swim Team a lot! In the four years I've done this, I've had the privilege of knowing some wonderful people-people. I probably wouldn't have met had it not been for the Swim Team. I've loved watching the children grow and progress. I've been saddened by seeing so many move away, but happy to see so many new faces year after year.

I was blessed this year in that Tami Carbone took an interest in helping me. Little did she know what she was getting into! Seriously, I hope you give her the cooperation and assistance that she'll need. This job can be overwhelming at times, and I hope you'll help her because after all, we're all doing this for one reason--the children. I have put countless hours of work doing this job, and I have received countless hours of joy in return. My hope is that many of you can know that same happiness. Thanks, again!!!

## Grounds Committee Keeps Busy, Seeks Volunteers

By Eric Hoierman

Attention Saville Chase Homeowners! We are looking for some volunteers to oversee the selection, funding and procurement of a tot lot in your area. While both Armfield Farms and Lees Crossing II families have relatively easy access to the existing tot lots, we feel that a tot lot in the Saville Chase community would be desirable. If you agree and are willing to participate, please call Eric Hoierman at 481-3090.

On June 24, a common grounds walk-through was performed. The purpose of this walk was two-fold: First, it gave us an opportunity to evaluate the quality of the work being performed by our grounds maintenance company, Green Thumb. Second, it allowed us to survey common ground violations by some homeowners. As a result of this walk, Green Thumb was made aware of

deficiencies in their grounds maintenance, and several homeowners will be notified by Armstrong Management of apparent common ground violations. Homeowners are reminded that they should not place structures, wood piles, flower beds, vegetable gardens, compost heaps, etc. anywhere within the common areas.

Work continues on identifying how the large field behind Clary Sage Drive in Saville Chase can be best utilized. One option is to lay out a multi-use field (baseball, football, soccer), although we will need to identify the exact layout and equipment (i.e. home plate, nets) that might be needed, in addition to their associated cost. Other ideas are welcome.

***Thank you, Joanne Burger!!! We appreciate all your hard work in building the Stingray's team spirit and leading them to many hard earned victories.***

We have a request from Media General concerning the shrubs planted around some of the cable TV boxes. These shrubs were planted by Media General as a service to the homeowners, and they request that homeowners occasionally water these shrubs.

Finally, work has begun on drafting next year's grounds maintenance statement of work. Our goal is to accurately define our needs, while allowing the various grounds maintenance companies a chance to offer their best service for a reasonable cost. Again, your voluntary work for our Association is greatly appreciated.

## **Pool Committee Resolves Issues**

By Charlie Smart

Thanks to the Community for your comments and suggestions. The Committee has met several times to discuss and resolve the issues raised. Some of the rules concerning the age restrictions will be modified in next year's rules. You may have noticed more green mats on the floor of the poolhouse; that should make the floor safer and less slippery. Remember to claim your guest passes; at the end of this swim season, all old, unclaimed guest passes will be **GONE!** Once again, if you have comments, suggestions, or praises, please let the Committee hear from you.

## **Bicycle Helmet Law Takes Effect**

The following Fairfax County Ordinance became effective July 1, 1993:

Any person fourteen years of age or younger, within the County of Fairfax, on any highway (as defined in Section 46.2-100 of the Code of Virginia), sidewalk, or public bicycle path, shall wear a protective helmet. The helmet must be

worn on the persons head and must meet the standards promulgated by the American National Standards Institute or the Snell Memorial Foundation.

Violation of this ordinance shall be punishable by a fine of twenty-five dollars. However, such a fine shall be suspended (1) for first time violators and (2) for violators who, subsequent to the violation but prior to imposition of the fine, purchase helmets of the type required by the ordinance.

## **Sports Medicine Corner... When Should You "Ice It?"**

By Bryan L. Romig, M.P.T.

Director, Loudoun Sports Medicine Center

A common question asked in sports medicine is when to use ice or heat after an injury. A common misconception is to use ice over the injury for the first forty-eight hours and heat thereafter. This is one rule that should *not* be followed.

After any type of injury there is associated inflammation. Inflammation takes the form of pain, swelling, redness and increased temperature over the affected region. Any one or all of these signs may be present with any given injury.

Based on the fact that ice is both an anti-inflammatory (reduces inflammation) and an analgesic (pain reliever), it should be used immediately after an injury and as long as any of the signs of inflammation are present (including after forty-eight hours). When applying ice, it should be placed over the injured area for 12 to 15 minutes and can be reapplied every few hours as needed. A bag of frozen peas works wonderfully!

So the next time your shoulder hurts after working out or your knee swells after running, grab for the bag of ice and ice it!

ARMFIELD HOA PRESENTS  
**THE FAMILY  
POOL PARTY**



*the LAST BIG WAVE  
of Summer!*

**SATURDAY, AUGUST 21**

**6:00 - 10:00**

**GAMES BEGIN AT 6:30**

**(RAIN DATE: SUNDAY AUGUST 22, 3:00 - 8:00)**

\* \* \*

<b>BRING A DISH TO SHARE</b>	
<b>LAST NAME STARTING WITH:</b>	<b>BRING:</b>
A - H	<b>SALAD</b>
I - P	<b>APPETIZER</b>
Q - Z	<b>DESSERT</b>

**RSVP & SIGN-UP AT POOL**

**CHILDREN MUST BE ACCOMPANIED BY A PARENT**

**FOR MORE INFORMATION CONTACT:**

**DIANE KAZUBA @ 904-0845**

## Homeowners Invited to Monthly Board Meetings

The Board of Directors meets the third Tuesday of every month at 7:30 P.M. All homeowners are welcome. Meetings are held at the pool house during pool season and at Armstrong Management offices in the winter months.

## Armstrong Maintains Bid Information File

Attention licensed carpenters, painters, electricians, tree services, etc. The Association needs the above mentioned services from time to time. Armstrong Management collects competitive bids for jobs. If you would like to be considered, please send a business card and letter explaining yourself as an Armfield homeowner to Armstrong Management Services, attention Toni Koch.

## Suspicious Activity Reported

Fence climbers at the tennis courts were spotted in May while a resident walked his dog at approximately 10:00 p.m. Although the incident was not reported to the police, the resident was concerned enough to call several Association volunteers to describe the incident.

As a reminder, please report all suspicious activities to the police. Currently, the Association does have a Neighborhood Watch program in effect, and volunteers are needed. These programs have successfully reduced residential burglaries by as much as 50 percent.

If you would like to volunteer to be a part of the Neighborhood Watch team, please call Terri Donovan, Neighborhood Watch Chairperson, at 834-1136 to schedule an awareness training session.

## Homeowners Association Meeting Minutes Approved June 15, 1993

### I. Call to Order

The meeting was called to order by the President at 7:40 p.m. at the pool. Present at the meeting were: Tanya Black, John Anderson, Steve Hudak, Robert Strupp, Linda Turpyn, and Toni Koch of Armstrong Management.

### II. Reading of the Minutes

The minutes of the May meeting were read, annotated as appropriate, accepted and signed.

### III. Selection of Board Positions

President - Linda Turpyn  
Vice President - Tanya Black  
Secretary - Steve Hudak  
Treasurer - Robert Strupp  
Director - John Anderson

### IV. Independent Auditor's Report

A member of the Strean, Ahlberg & Company, P.C., Mr. David Bremer, came to the meeting to explain his company's audit of Armfield Homeowners Association, Inc. These financial statements are the responsibility of the Association's management company. The board members were given a copy of the report to review and ask questions of Mr. Bremer.

After many questions and much discussion, the audit clearly indicated that our current expenses will exceed our income for this calendar year. The only way to deal with this problem is to raise Association dues within annual limits and possibly consider a special assessment to balance the budget for this year and the future. Costs must be cut as well, even though we are raising more funds. Collections of dues must be

enforced, although we are solvent at this time. A professional job must be done within the next three years of the useful life of our assets to make sure that we can meet future replacement costs and maintenance.

#### **V. Owner/Resident Inquiries**

Steve Hudak: I was asked about trash in the drainage pond on Beech Down Drive in the Armfield section. The only way it can be picked up is by volunteers and on cleanup day. The grass cutting service does not include pick up of trash in common areas even though Green Thumb does remove some. Residents noticed that unapproved green shutters were found at 3838 Beech Down Drive. Grass clippings on Mrs. Childress' garden cannot be helped by Green Thumb, but can be addressed by the resident while the mowing is being done.

John Anderson: Trees will be planted near Paoli Court by a resident. A dog waste problem was reported at Beech Down and Rosetree. A field is being taken over by a resident on Clary Sage, and a letter to tell the resident to stop encroaching upon common grounds is needed.

Tanya Black: Clover is dominating the grass at the pool, attracting bees and creating a problem for residents swimming at the pool.

Board Member: A boat was parked at 3630 Beech Down Drive, and the resident needs to be mailed a letter. A car on blocks for too long has been seen again. Trash collection is tabled for a future meeting.

#### **VI. Committee Reports**

Grounds: Placement of a volleyball court on an unused basketball court was suggested at minimal cost. There are no funds at this time. Clary Sage common area for baseball use was discussed. The path for Lees Crossing I could be made a priority for paving improvement

when money is available. Trash pickup in common areas could be addressed by hiring children 9 to 11 years of age.

Pool: The Aquathon is coming up and should be a good fund raiser to support our swim team. The paint on the floor of the poolhouse is a problem and is constantly peeling. A staining technique must be employed to maintain a finish on the concrete. Team party awards will require the pool to close early on July 24, 1993.

Social: Billboards with a lucite insert may be less expensive than paying \$250 for expensive signs to use at entrances to the community.

#### **VII. Administrative**

The bridge on Lees Corner Road must be attended by a volunteer such as Mrs. Lippman who could form a committee to keep this issue alive in the county priority system or look for alternatives to fund this project that is badly needed by our community for access.

Financial collection reports were reviewed by the board for comment, especially President Turpyn's effort to obtain clear billing dispositions by our Association's attorneys.

#### **VIII. Adjournment**

The meeting was adjourned at 11:00 p.m. The next regular meeting will be at the pool at 7:00 p.m. on Tuesday, July 20, 1993.

### **Newsletter Articles Welcomed**

Information of interest to the residents of the Association is welcomed. Topics of interest include, but are not limited to: local school and neighborhood activities, community service items, concerns, and comments. Articles submitted by students are also encouraged. Call Keola at 448-5835 (day) or 435-3121 (evening) if you would like to submit a newsletter article.

# Community Services

These advertisements are provided as a service to the community. They are not an endorsement by the Board of Directors or the Association. To place an advertisement, contact Toni Koch of Armstrong Management at (703) 385-1133 extension 228.

## Wanted

Donations - AAA Women for Choice always has a need for baby items in good condition such as: furniture, clothing, strollers, food, formula, and maternity clothes. Please call Kimberly at 222-6451 if you have items to donate. Your donation is tax deductible.

\* \* \* \* \*

Child Care - Looking for full-time infant care starting in July. Our home or yours. Call Diane Wilhite at (703) 437-5204, 3612 Beech Down Drive.

\* \* \* \* \*

Child Care - Call Daniella Wirta (703) 481-1313. Teenager.

\* \* \* \* \*

Lawn Mowing - Your mower or mine. Call Rob Davies (318) 8762 at 13719 Southernwood Court.

\* \* \* \* \*

## Services Offered

Child Care - Call Kimberly Hall (703) 222-6451. Adult.

\* \* \* \* \*

**GERALD B. LEEDOM, Attorney**  
Former Justice Department Tax/Trial Attorney

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## Directory: Armfield Homeowners Association

c/o Armstrong Management Services, Inc.; 3949 Pender Dr., Ste. 205; Fairfax, VA 22030

(Please address correspondence to the attention of the appropriate individual.)

### Board of Directors

President	Linda Turpyn	481-0147
Vice President	Tanya Black	378-6346
Secretary	Steve Hudak	968-0538
Treasurer	Robert Strupp	471-1152
Director	John Anderson	478-0987

### Committee Chairpeople

Pool & Tennis	Charlie Smart	435-8892
Swim Team	Joanne Burger	437-8359
Grounds	Eric Hoierman	481-3090
Land Use	Steve Hudak	968-0538
Architectural Review (ARC)	Harold Zealley	437-5740
Neighborhood Watch	Terri Donovan	834-1136
Social	Tanya Black	378-6346
Newsletter	A. Keola Nosaka	435-3121

### Pool Telephone

Armstrong Management Services, Inc.

689-9831  
385-1133 ext. 228

## ARMFIELD HOMEOWNERS ASSOCIATION

c/o Armstrong Management Services, Inc.

3949 Pender Drive, Suite 205

Fairfax, Virginia 22030

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