

# THE ARMFIELD LINK

April, 1991

## COMMUNITY UPDATE

By: Steve Kellam

Don't forget to exercise your inalienable right this month! The AHA will be holding the annual meeting at 8:00 p.m., 23 April, at the Ben Franklin Intermediate School. You will be able to vote for two new AHA Directors, to serve for three year terms, and on any other issues. One issue that will be brought up is community wide trash collection provided through the AHA. A positive vote for this would allow homeowners currently individually contracting for their trash pick up to save approximately \$70.00 a year. It would also reduce trash truck pick-up to 2 days a week instead of all five. One negative is that if you don't contract for a service and the community votes for an AHA sponsored service then everyone in the Association will have to pay for the service. As in the past, proxies will be sent out, so if you can't make the meeting, please send in a proxy. If we don't have enough people voting for Directors the Association will have to continue to call for a vote until we have enough people voting. Setting up a vote costs the association at least \$200 in reproduction and mailing costs. So avoid a retake and mail your proxy in immediately. Even if you think you are going to the meeting, mail your proxy to the Management Company.

If you subsequently attend the meeting, you can retrieve your proxy and vote in person. Proxies should have been received by the time you receive this newsletter. If you didn't get a proxy, let the management company know.

Pool season is just two months away. Registration packets for the pool should be received shortly if not already in your possession. It is important that you register early to allow for a smooth opening of the season.

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## LAND USE COMMITTEE

By Steve Kellam

As of the deadline for this issue, the Planning Board had not finished with marking up the Fairfax County Comprehensive Plan. Stay tuned for the next issue for any news on Springhaven Drive, Lees Corner Road, or density decisions on our neighboring communities.

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**Remember.....**

**Annual Meeting/Elections:  
Tuesday, April 23, 8 pm at  
Ben Franklin Intermediate  
School**

## **POOL NEWS**

By Leye Chrzanowski

Okay folks, it's that time of year again. Grab a broom, paint brush or a garbage bag and come on out on the 27th of April between 10 am and 2 pm and help the Grounds and Pool Committees get the community in shape for the summer. Don't forget to bring your pool and swim team registration forms, also. We will provide some refreshments. If you want to help, give me a call at 437-6635. Rain date is set for the 28th.

The following Pool Rule Change should be noted:

2.i.(4) Children 12 years of age or younger are not allowed in the pool area unless they are accompanied by a person 16 years of age or older. Children ages 8 through 12 may enter the pool area by themselves if they have first passed a swimming test administered ANNUALLY by the Pool Manager or a lifeguard. Children ages 12 or younger who have not passed the swimming test are not allowed in water over their heads unless they are accompanied by and under the direct (within 10 feet) supervision of a person 16 years of age or older. The test will consist of:

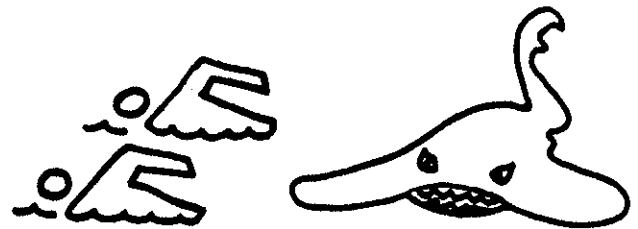
- (a) Swim one length of the pool.
- (b) Back float for at least one minute.
- (c) Tread water in the deep end of the pool for at least two minutes.

We switched to Pepsi this year in the hope that we get better

service. Once again, any profit derived from the soda machine will be donated to the Sting Rays - so drink up.

We had to buy some new umbrellas this year as we had a few that were damaged beyond repair. We also bought some additional dri-deck for the office to help with slipping in that area. Aside from these minor purchases no additional items are planned for the pool this year. If you have any suggestions, please let me know.

Hope to see you on the 27th, or 28th if it rains.



## **SWIM TEAM**

By Joanne Burger

Mark your calendars now: April 27th is the day to sign up for the Swim Team. We'll have a separate area at the pool for you to register and to get your questions answered.

In the future, we will try to identify Swim Team announcements with two logos - an International sign for the sport and our own "Stingray" (see above). Our neighborhood has many families where all members do not speak English. We hope by "identifying" our

news that it will reach everyone, even if it needs a translation! We do not want anyone to be left out!

I'd like to take this time to thank the Mowatt's for donating a microwave oven - it'll make life so much easier for the Concessions people. We do need some kind of table to put it on, though. Also, we still need someone to help with a trophy case. If you can help with either, please call me at 437-8359.

THINK SWIMMING!

## **NEIGHBORHOOD WATCH**

By Bill Bailey

To keep you abreast of incidents in our neighborhood I have listed below events reported in March:

1. Vehicle and home egged.
2. Suspicious persons.
3. Two people parking after dark at swimming pool lot.
4. A suspicious person observed on several nights after dark parked in an older car at Beech Down Drive and Armfield Farm Drive.
5. Broken bottles, parking lot of the swimming pool.

I would like to thank our watchful and caring neighbors. I appreciate their informing me and in several incidents informing the Police.

Your cooperation is helping make our Neighborhood Watch program work. In reviewing police records of past years for our Armfield community one of the things that stands out

is a large increase of incidents in the Spring time.

With the approach of Spring, we all should be more alert and aware.

Thank you - to all who attended the Neighborhood Watch training session.

## **GROUNDS COMMITTEE**

By: Paul F. Malherek

The Grounds Committee reviewed eight Grounds Maintenance Proposals for common areas of the Armfield Homeowners Association and met with representatives of three of these companies to discuss proposals for the 1991 season. Green Thumb Enterprises, Inc., of Sterling, Virginia, was selected by members of the Grounds Committee and recommended to the Board of Directors for approval. Thanks to Eleanor Weaver, Tanya Black, and Eric Hoierman for their work on the committee. Todd Jackson was out of town but communicated his suggestions to the committee by telephone. Also, thanks to Len Mathey for handling the light replacements at the entrance to Lees Crossing I.

Anyone interested in working with or helping to improve common areas of the Association are encouraged to join the Grounds Committee.

This year "Spring Clean Up Day" is again being held in conjunction with "Pool Day" on Saturday, April 27th. Mark your calendars now to give us a hand. Rain date is April 28th. Thanks.

## **COMMUNITY RELATIONS**

By: Eleanor Weaver

A hopping good time was had by all at our annual Easter Egg Hunt. A special thank you to all those who lent a helping hand; Tanya Black, Mary Giel, Tracy Hunt, Lee Johnson, Virginia Keller, Heather Makris and Donna Wenner. Stay tuned to the Link for more upcoming Social Events....

The Community Directory is expanding! We have received a good response from the neighborhood and still have room for some more. So, if you haven't yet mailed in your directory information, please do so you can be included in the prestigious Armfield Directory.

### **NOTE..NOTE..NOTE..NOTE..**

Elections for the Board of Directors will be held on Tuesday April 23, 8 pm at Ben Franklin Intermediate School, during our Annual Meeting. Other issues of importance will be discussed including reports of officers and committees and a vote on community-wide trash removal. Please take the time to get involved and exercise your right to vote. We need your support.

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## **PARENTING**

The following is an excerpt from a U.S. Department of Education pamphlet titled "Growing up drug Free: A Parent's Guide to Prevention". A series of these will be provided in the newsletter

over the next few months.

Grades 10-12

High school students are future-oriented and can engage in abstract thinking. They have an increasingly realistic understanding of adults. Young people therefore want adults to discuss their concerns and the ways they solve problems and make decisions. You may have a tremendous new opportunity to help your children at this age. At the same time, the teenagers continue to be group-oriented, and belonging to the group motivates much of their behavior and actions. During these years, young people often develop a broader outlook and become more interested in the welfare of others.

By the end of high school your child should understand:

- both the immediate and long-term physical effects of specific drugs;
- the possibly fatal effects of combining drugs;
- the relationship of drug use to other diseases and disabilities;
- the effects of alcohol and other drugs on the fetus during pregnancy;
- the fact that drug use is not a victimless crime;
- the effects and possible consequences of operating equipment while using alcohol and other drugs;
- the impact that drug use has on society; and
- the extent of community intervention resources.

You may want to focus on the

alcohol and other drugs during these years: drugs can ruin your teen's chances of getting into college, being accepted by the military, or being hired for certain jobs. Your teen may also be impressed by the importance of serving as a good role model for a younger brother or sister.

Although young people long for independence, it is particularly important to keep them involved in the family and family activities. They should join the rest of the family for dinner regularly, be part of family vacations, and remain part of family routines.

#### Suggested Activities

Continue to talk with your teenager about alcohol and other drug use. Chances are your teen has friends who use alcohol and other drugs or knows people who do. Talk about how alcohol and other drug use threatens lives and may limit opportunities for the future.

Plan strategies to limit your teen's unsupervised hours at home, while you are at work. Researchers have found that lunch time and 3:00 - 6:00 pm are periods teenagers are likely to experiment with alcohol and other drugs.

Encourage your teenager to work on behalf of a drug prevention program by being trained as a volunteer to answer hot-line calls or as a peer counselor.

Talk with your teenager about joining a sports club, drama

club, arts and crafts center, or dance studio or about volunteering to work for a church group or community organization. The busier your teenager is, the less likely he or she is to be bored and to seek an outlet in alcohol or other drugs. Volunteer with your teenager, if you have time.

Plan alcohol and drug-free activities with other families during school vacations and major holidays, which can be high-risk idle times for teens.

Make sure your teen has access to up-to-date information on alcohol and other drugs and their effects. Make an effort to be informed about any new drugs that are popular, and know their effects.

Cooperate with other parents to make sure that the parties and social events your teenager attends are alcohol and drug free. Some families choose to draw up a contract holding adults responsible for parties given in their homes; the contract specifies that all parties will be supervised and there is to be no use of alcohol or other drugs.

Help plan community sponsored drug free activities such as alcohol and drug free dances and other recreational activities. Talk with your teenager about the future. Discuss your expectations and your teenager's ambitions. Collect college or vocational catalogs for your teenager, and discuss different educational and career options. Plan a family outing

to local colleges and universities.

### Signs of Drug Use

Young people use drugs for many reasons that have to do with how they feel about themselves, how they get along with others, and how they live. No one factor determines who will use drugs and who will not, but here are some predictors:

- low grades or poor school performance;
- aggressive, rebellious behavior;
- excessive influence by peers;
- lack of parental support and guidance; and
- behavior problems at an early age.

Being alert to the signs of alcohol and other drug use requires a keen eye. It is sometimes hard to know the difference between normal teenage behavior and behavior caused by drugs. Changes that are extreme or that last for more than a few days may signal drug use.

Consider the following questions:

- Does your child seem withdrawn, depressed, tired, and careless about personal grooming?
- Has your child become hostile and uncooperative?
- Have your child's relationships with other family members deteriorated?
- Has your child dropped his old friends?
- Is your child no longer

doing well in school - grades slipping, attendance irregular?

- Has your child lost interest in hobbies, sports, and other favorite activities?
- Has your child's eating or sleeping patterns changed?

Positive answer to any of these questions can indicate alcohol or other drug use. However, these signs may also apply to a child who is not using drugs but who may be having other problems at school or in the family. If you are in doubt, get help. Have your family doctor or local clinic examine your child to rule out illness or other physical problems.

Watch for signs of drugs and drug paraphernalia as well. Possession of common items such as pipes, rolling papers, small medicine bottles, eye drops, or butane lighters may signal that your child is using drugs.

Even when the signs are clearer, usually after the child has been using drugs for a time, parents sometimes do not want to admit that their child could have a problem. Anger, resentment, guilt, and a sense of failure as parents are common reactions.

If your child is using drugs, it is important to avoid blaming yourself for the problem and to get whatever help is needed to stop it. The earlier a drug problem is detected and faced, the more likely it is that your child can be helped.

DRUG WARNING TO PARENTS FROM THE METROPOLITAN POLICE  
DEPARTMENT

A form of TATOO called "Blue Star" is being sold to school children.

DESCRIPTION:

- 1 - They are produced on small sheets of paper containing "BLUE STARS"
- 2 - They are the size of pencil erasers.
- 3 - Each star is soaked with LSD.

THE DRUG CAN BE ABSORBED THROUGH THE SKIN SIMPLY BY HANDLING THE PAPER

There are also brightly-colored paper tabs resembling postage stamps that have pictures of the following:

\*\*SUPERMAN                      \*\*CLOWNS  
\*\*PUTTERFLIES                  \*\*MICKEY MOUSE    \*\*OTHER DISNEY CHARACTERS

This is a new way of selling acid (LSD) by appealing to young children.

A young child could find these and have a "FATAL TRIP." It is also believed that little children could be given a free "TATOO" by other children who want to have some fun without the child's knowledge and to also cultivate new customers.

A "STAMP" CALLED "RED PYRAMID" is also being distributed along with microdots in various colors. An example is called "WINDOW PANE" - it's a grid that can be cut out.

ALL OF THESE ARE LACED WITH DRUGS

\*\*Please advise your neighbors, friends, relatives and children about these drugs. If your child gets any of the above, DO NOT HANDLE THEM!! (These are known to react very quickly and some are laced with strychnine) CALL YOUR POLICE!!

SYMPTOMS:

- 1 - HALLUCINATIONS
- 2 - SEVERE VOMITING
- 3 - UNCONTROLLED LAUGHTER
- 4 - MOOD CHANGES
- 5 - CHANGE IN BODY TEMPERATURE

PLEASE FEEL FREE TO REPRODUCE THIS ARTICLE AND DISTRIBUTE IT WITHIN YOUR COMMUNITY. GET THE WORD OUT ABOUT THIS DANGER TO OUR CHILDREN.

## ATTENTION ALL WOMEN OF ARMFIELD ASSOCIATION

There has been some inquiry in our community about a "Women's Social Group" within the boundaries of our development, (LCI, LCII, Armfield Farms and Saville Chase). At this time such an organization does NOT exist, however, if there is enough interest we may be able to form one.

If you have an interest in participating in this group that would do charity work, sponsor family events, bake and yard sales, Ladies Nite Out, arrange for guest speakers, etc., please call Suzanne Tsonos at 437-6094 to attend the first organizational meeting on Tuesday, April 16th, 7:30 pm at 13719 Southernwood Court.

If you are unable to attend this meeting, please call to express your interest or with any suggestions you might have for this group.

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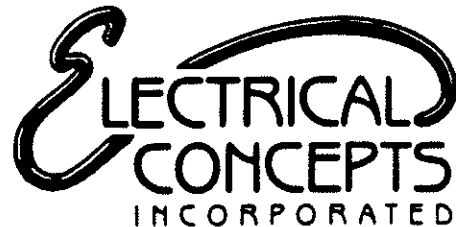
### CLASSIFIEDS

These advertisements are provided as a service to the community, they are not endorsed by the Board of Directors.

Female Tennis Partner Wanted  
Evening and/or Weekend  
(adv. beg. to intermediate)  
Call Lauren: 222-9177 or  
998-7371

John Kraft  
Master Electrician

703/222-5057



Licensed, Bonded,  
and Insured

Centreville, VA

### JOB ANNOUNCEMENT

Gate Guard: Two or more mature individuals for temporary positions at the pool. 20-30 hours per week, light clerical, checking members into the pool. Call Armstrong at 385-1133, extension 212 for additional information and an application.



# Don't Cut Our Medics!

The Fairfax County Fire Department provides 100% of the emergency ambulance service in Fairfax County. Last year your professional fire fighters and paramedics answered 40,000 calls for Emergency Medical Service (EMS).

Since anyone of us could be dependant on this critical service without notice, we need to ensure that it is maintained at its current, nationally recognized level of service.

Frighteningly, the heart of the system is being targeted for budget cuts. The Board of Supervisors has avowed that levels of public safety will not be compromised. Nevertheless, over-zealous budget cutters within the Fire Department have taken aim at the staffing levels of the system's paramedic ambulances.

Paramedic units respond to the most critical emergencies such as heart attacks and serious auto accidents. These units have three medics on board so that two of the crew can be providing patient care at all times.

Until this summer, 9-1-1 calls for critical medical emergencies such as heart attacks were answered with a paramedic unit and a basic ambulance to assist. Now the basic unit is no longer dispatched. Instead of five fire fighter/medics handling these life-threatening emergencies, three must do the job. Plans are in the works to further decrease this number to only two medics.

Our entire community relies on Fire Department Paramedics. Please contact the Board of Supervisors to let them know that you don't want to see any more reductions in this critical, life saving service.

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## THE FAIRFAX COUNTY BOARD OF SUPERVISORS

Audrey Moore Chairman, 246-2321	Thomas M. Davis, III Mason District, 256-7717	Elaine McConnell Springfield District, 451-6673
Joseph Alexander Lee District, 971-6262	Katherine K. Hanley Providence District, 590-6946	Martha V. Pennino Centreville District, 478-0263
Sharon Bulova Annandale District, 425-9300	Gerald W. Hyland Mount Vernon District, 780-7518	Lilla Richards Dranesville District, 356-0551

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Produced by The Fairfax County Professional Fire Fighters



APRIL 1991

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## APRIL

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7	8	9 Pool Meeting Call Leye: 437-6635	10	11	12	13																																																																																											
14	15	16 Board Meeting 7:30pm Call Eleanor 471-6258	17 Newsletter Deadline ~ Collection of recyclables	18	19	20																																																																																											
21	22	23 <u>ELECTIONS</u> Annual HOA Meeting Ben Franklin Inter. 8pm	24	25	26	27 Pool / Grounds Clean Up Day 10 <sup>AM</sup> - 2 <sup>PM</sup> Pool Registration																																																																																											
28 Rain Date Pool / Grounds Clean Up	29	30			<p>MARCH</p> <table> <tr><td>S</td><td>M</td><td>T</td><td>W</td><td>T</td><td>F</td><td>S</td></tr> <tr><td></td><td></td><td></td><td></td><td></td><td>1</td><td>2</td></tr> <tr><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td></tr> <tr><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td></tr> <tr><td>17</td><td>18</td><td>19</td><td>20</td><td>21</td><td>22</td><td>23</td></tr> <tr><td>24</td><td>25</td><td>26</td><td>27</td><td>28</td><td>29</td><td>30</td></tr> <tr><td>31</td><td></td><td></td><td></td><td></td><td></td><td></td></tr> </table>	S	M	T	W	T	F	S						1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31							<p>MAY</p> <table> <tr><td>S</td><td>M</td><td>T</td><td>W</td><td>T</td><td>F</td><td>S</td></tr> <tr><td></td><td></td><td></td><td></td><td></td><td>1</td><td>2 3 4</td></tr> <tr><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td></tr> <tr><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td><td>17</td><td>18</td></tr> <tr><td>19</td><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td><td>25</td></tr> <tr><td>26</td><td>27</td><td>28</td><td>29</td><td>30</td><td>31</td><td></td></tr> </table>	S	M	T	W	T	F	S						1	2 3 4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	
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BOARD AND COMMITTEE DIRECTORY  
ARMFIELD HOMEOWNERS ASSOCIATION  
ATTN:

P.O. BOX 220243  
CHANTILLY, VA 22022

Please address your correspondence to the attention of the appropriate committee.

**BOARD OF DIRECTORS**

President:	Steve Kellam	481-9354
Vice President:	Leye Chrzanowski	437-6635
Secretary/Treasurer:	Heather Ambrose	689-3735
Director:	Paul Malherek	481-8188
Director:	Eleanor Weaver	471-6258

**COMMITTEE CHAIRS**

Pool & Tennis:	Leye Chrzanowski	437-6635
Swim Team:	Joanne Burger	437-8359
Grounds:	Paul Malherek	481-8188
Land Use:	Steve Kellam	481-9354
ARC:	Linda DeFuria	481-1313
Neighborhood Watch:	Bill Bailey	437-6108
Community Directory:	Suzanne Tsonos	437-6094
Welcoming:	Eleanor Weaver	471-6258
Social:	Eleanor Weaver	471-6258
Newsletter:	Eleanor Weaver	471-6258

**POOL PHONE**

**MANAGEMENT COMPANY**

Armstrong Management Services, Inc.	689-9831
	385-1133

Armfield Homeowners Association  
C/O Armstrong Management Services, Inc.  
3949 Pender Drive, Suite 205  
Fairfax, VA 22030

